

AQA A Level Psychology

# **SUPER CURRICULAR ACTIVITIES**

Student Name

**A LEVEL  
PSYCHOLOGY  
TUTOR**

Marie Buckley

# Super Curricular Activities Record

This booklet is designed to record your super curricular activities and what you have learned from them. Doing so can help you become better informed about which subject to study at university and also enable you to stand out from other applicants for competitive university courses.

You should record any activity you have engaged in that goes 'above and beyond' your classroom studies. This may include books or journal articles you have read, podcasts you have listened to, talks and lectures you have attended, or work experience you have completed.

It is important to reflect critically on what you have learned and then extend your knowledge further. This could involve investigating certain concepts in more detail, seeking alternative perspectives, or reading more from a particular author.

For a detailed list of super curricular activities in psychology visit [www.alevelpsychologytutor.co.uk](http://www.alevelpsychologytutor.co.uk)

<b>Activity</b> What did you do?	<b>Thoughts</b> What was particularly interesting about it? Be specific. Did this challenge or support your previous knowledge?	<b>What Next?</b> What has it inspired you find out next?

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**Space for notetaking**



Marie is an experienced Head of Psychology, private tutor, examiner and author. She is a qualified teacher with an MSc Psychology, MBA and LLB (Hons) Law degree. She loves helping students achieve their potential by creating high quality resources - that work.

For free study advice and more resources visit [www.alevelpsychologytutor.co.uk](http://www.alevelpsychologytutor.co.uk)

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